

## **2009-2010 H1N1 RECOMMENDED SCHOOL RESPONSE**

Solano County Health Department/CDC has the following recommendations for schools managing flu outbreak with similar conditions as spring 2009.

### **Stay Home When Sick:**

Those with flu-like illness should stay home for at least 24 hours after they no longer have a fever without the use of fever reducing medicines.

### **Separate ill Students/Staff:**

Students and staff who appear to have flu-like illness should be sent to a room away from others and wear a surgical mask if possible. Staff caring for ill students should also wear masks if possible.

### **Hand Hygiene and Respiratory Etiquette:**

The recommendations emphasize the importance of flu prevention basics; stay home when sick, frequent hand washing with soap and water, cover mouth/nose with a tissue when coughing or sneezing, use a shirt sleeve/elbow if no tissue available.

### **Routine Cleanings:**

School staff should routinely clean areas that students and staff touch often with the cleaners normally used. Special cleaning with bleach and other non detergent based cleaner isn't necessary.

### **Early Treatment of High-Risk Students/Staff:**

People at high risk for complications of influenza-like illness should speak to their health care provider as soon as possible. High risk individuals include those who are pregnant, have asthma or diabetes, compromised immune systems, or neuromuscular diseases.

Solano County Public Health Department in conjunction with the CDC may recommend additional measures to help protect students and staff if global and national assessments indicate that influenza is causing more severe disease. BUSD will continue to follow current guidelines implement further precautions as directed.

Discuss your need for a flu shot with your health care provider.